“Every day”

THE TIME
and
DAILY ROUTINE
WHAT TIME DO YOU...?

Remember:

“DAILY ROUTINE”

-Listen to the words, repeat and memorize them!


wake up                   get up                have breakfast                  have a shower

wash (my face)            have a bath            brush my teeth                  get dressed

comb my hair              leave the house          arrive at school               work

go home                   have lunch              do my homework                have dinner

...
-Match.

... get up  ... have a bath  ... leave the house  ... work
... wake up  ... wash (my face)  ... comb my hair
... go home  ... have lunch  ... get dressed  ... go to bed
... have breakfast  ... brush my teeth  ... arrive at school
... do my homework  ... have dinner  ... have a shower
-Guess the right answer.

go to bed     __av_  _  __o_e_     a____v_  _  s__o__

___v_  _i___r     d_  ___ h_m__or_     h___  _re__fa__

b___h  ___e_h     _o h__e     a__  u____

_et  ___ss__     w__e  _p     _as_  ___  _ac_

__m_  _y h___     _o_k     l__v_  ___  h_us_

_e_  u_     __av_  a  __th
-Answer the questions following the example.

**What time do you wake up? (7.15)**
I get up at a quarter past seven.

**What time do you have breakfast? ( )**

**What time do you brush your teeth? ( )**

**What time do you get dressed? ( )**

**What time do you comb your hair? ( )**
Robert’s daily routine

Hi, I’m Robert and I’m nine years old.
I get up at seven o’clock every morning. I take off my pyjamas, I wash my face, I brush my teeth and I put on my clothes.
I have breakfast at half past seven. I eat toast with jam and I drink hot chocolate and orange juice.
I go to school at a quarter to eight. I go to school by bus. At school I read and write.
I have lunch at school at twelve o’clock and I go home at four o’clock. I play with my friend and I watch TV at six o’clock. I have dinner with my family at half past seven in the evening.
Then I take off my clothes and I put on my pyjamas. At nine o’clock I go to bed.
- True or false?

<table>
<thead>
<tr>
<th>Statement</th>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robert is nine years old.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He gets up at eight o'clock.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He eats toast and jam for breakfast.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He drinks milk for breakfast.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He goes to school by bus.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He has lunch at school.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He has dinner with his family.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>He goes to bed at eleven o'clock.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Now, write your “daily routine”.

.....................................................................................................................
.....................................................................................................................
.....................................................................................................................
.....................................................................................................................
.....................................................................................................................
-Look at this table, read and tell the time.

<table>
<thead>
<tr>
<th></th>
<th>Kevin</th>
<th>Peter</th>
<th>Susan</th>
<th>Cindy</th>
<th>David</th>
<th>Celine</th>
</tr>
</thead>
<tbody>
<tr>
<td>GET UP</td>
<td>8:15</td>
<td>7:30</td>
<td>8:45</td>
<td>7:10</td>
<td>7:40</td>
<td>9:25</td>
</tr>
<tr>
<td>HAVE A SHOWER</td>
<td>8:20</td>
<td>7:35</td>
<td>8:50</td>
<td>7:15</td>
<td>7:45</td>
<td>9:30</td>
</tr>
<tr>
<td>GET DRESSED</td>
<td>8:30</td>
<td>7:45</td>
<td>9:00</td>
<td>7:25</td>
<td>7:55</td>
<td>9:40</td>
</tr>
<tr>
<td>HAVE BREAKFAST</td>
<td>8:35</td>
<td>7:50</td>
<td>9:05</td>
<td>7:30</td>
<td>8:00</td>
<td>9:45</td>
</tr>
<tr>
<td>GET TO SCHOOL</td>
<td>9:00</td>
<td>8:30</td>
<td>9:30</td>
<td>8:00</td>
<td>8:30</td>
<td>10:00</td>
</tr>
<tr>
<td>GO HOME</td>
<td>14:00</td>
<td>13:30</td>
<td>14:30</td>
<td>13:00</td>
<td>13:30</td>
<td>15:00</td>
</tr>
<tr>
<td>HAVE LUNCH</td>
<td>14:30</td>
<td>14:10</td>
<td>15:00</td>
<td>13:20</td>
<td>13:50</td>
<td>15:20</td>
</tr>
<tr>
<td>READ A BOOK</td>
<td>16:15</td>
<td>15:50</td>
<td>17:00</td>
<td>16:40</td>
<td>17:10</td>
<td>17:30</td>
</tr>
<tr>
<td>LISTEN TO MUSIC</td>
<td>17:10</td>
<td>16:45</td>
<td>18:10</td>
<td>17:20</td>
<td>18:15</td>
<td>18:45</td>
</tr>
<tr>
<td>HAVE DINNER</td>
<td>20:00</td>
<td>19:45</td>
<td>20:15</td>
<td>20:30</td>
<td>20:40</td>
<td>19:55</td>
</tr>
<tr>
<td>WATCH TV</td>
<td>20:30</td>
<td>20:15</td>
<td>20:45</td>
<td>21:15</td>
<td>21:10</td>
<td>20:40</td>
</tr>
<tr>
<td>GO TO BED</td>
<td>21:45</td>
<td>22:00</td>
<td>21:50</td>
<td>22:10</td>
<td>22:40</td>
<td>22:30</td>
</tr>
</tbody>
</table>

-Answer the questions following the example.

What time does Kevin get up?
He gets up at a quarter past eight.

What time does Peter have a shower?
..........................................................................................................................

What time does Cindy get dressed?
..........................................................................................................................

What time does Susan have breakfast?
..........................................................................................................................

What time does David go to school?
..........................................................................................................................

What time does Celine go home?
..........................................................................................................................

What time does Kevin have lunch?
..........................................................................................................................
What time does Peter read a book?
.........................................................................................................................
What time does Susan listen to music?
.........................................................................................................................
What time does Cindy have dinner?
.........................................................................................................................
What time does Celine go to bed?
.........................................................................................................................

-Look again at the table and answer.

-Does Peter have a shower at a quarter to eight? Yes, he does. ... No, he doesn't. ... 
-Does Susan get dressed at nine o'clock? Yes, she does. ... No, she doesn't. ...
-Does Peter have breakfast at ten to eight? Yes, he does. ... No, he doesn't. ...
-Does Celine go to school at ten o'clock? Yes, she does. ... No, she doesn't. ...
-Does David go home at a quarter to two? Yes, he does. ... No, he doesn't. ...
-Does Kevin have lunch at twenty past two? Yes, he does. ... No, he doesn't. ...
-Does Cindy read a book at twenty to five? Yes, she does. ... No, she doesn't. ...
-Does Peter listen to music at a quarter to five? Yes, he does. ... No, he doesn't. ...
-Does Susan have dinner at a quarter to eight? Yes, she does. ... No, she doesn't. ...
-Does David watch TV at ten to nine? Yes, he does. ... No, he doesn't. ...
-Does Kevin go to bed at a quarter to ten? Yes, he does. ... No, he doesn't. ...

-Read.

"Susan’s daily routine"

Hello, my name is Susan and I’m ten years old. I am a student. I get up at seven o’clock every morning. I take off my pyjamas, I wash my face and I put on my clothes. I like putting on my pink T-shirt, my yellow skirt, my pink socks and my blue shoes. I have breakfast at half past seven and I eat cereal with milk, toast and jam. I drink orange juice. I brush my teeth at a quarter to eight. I go to school on foot. At school I read and write. I have lunch at school at half past twelve. I go home at four o’clock.
I play basketball with my friends and I watch TV at six o’clock. I have dinner with my family at seven o’clock in the evening. I watch TV with my family at half past eight, then I put on my pyjamas. I go to bed at half past nine.

- True or false?

<table>
<thead>
<tr>
<th>Statement</th>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>Susan is nine years old.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She gets up at seven o’clock in the morning.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She has breakfast at half past seven.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She likes putting on a pink T-shirt and a yellow skirt.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She drinks hot chocolate.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She eats biscuits.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She brushes her teeth at a quarter to eight.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She goes to school by car.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She has lunch at school.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She has dinner with her friends.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She watches TV with her family.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>She goes to bed at half past nine.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Now, write “Susan's daily routine”

Susan is ten years old. She is a student. ...
What does John do every day?

What time does John get up?

What time does John get dressed?

What time does John have breakfast?

What time does John go to work?

What time does John go home?

What time does John have dinner?

What time does John go to bed?
-Look at these pictures, complete the sentences and draw the hands in the clocks

1. Andrew ________ up at ten to seven.
2. We ________ to school at twenty to eight.
3. I ________ my homework from two o’clock to half past three.
4. She ________ a dance class from five o’clock to quarter past six.
5. Ann ________ her face at seven o’clock.
6. Mandy ________ judo from four o’clock to quarter past five.
7. I ________ the violin lesson from three o’clock to quarter to four on Wednesday.
8. Tim ________ a shower at ten to nine in the evening.
9. They ________ home at twenty past one.
10. He ________ breakfast at half past seven.
11. I ________ to bed at half past nine.
12. Sara ________ her hair at twenty past seven.
13. Lucy ________ the bus to school at quarter to eight.
14. Nick ________ dressed at seven o’clock.
“EVERY DAY”

THE TIME and DAILY ROUTINE

1) Look at the pictures, read and circle the correct answer.

1. He usually _____ at 10pm.
   a. wakes up
   b. goes to bed
   c. eats

2. Anna likes to _____ every day.
   a. go shopping
   b. do the dishes
   c. cook

3. Early in the morning, you must first:
   a. do your homework
   b. have breakfast
   c. wash your face

4. Tom always ______ before going to work.
   a. takes a bath
   b. takes a shower
   c. has breakfast

5. Alex ______ at 7 am every morning.
   a. has breakfast
   b. goes to bed
   c. wakes up

6. Emily ______ her teeth twice a day.
   a. brushes
   b. gives
   c. takes

7. Rachel always ______ her hair before going to school.
   a. takes
   b. cleans
   c. brushes

8. After breakfast, Lucas ______
   a. takes a shower
   b. has lunch
   c. gets dressed

9. Stella ______ lunch at two o’clock.
   a. takes
   b. has
   c. gets

10. Laura ______ to school at a quarter to eight.
    a. goes
    b. likes
    c. does

11. My mother ______ the dishes after we have lunch.
    a. has
    b. starts
    c. does

12. Julia loves to ______ for her family every day.
    a. clean
    b. cook
    c. wash

13. He ______ TV in the evening.
    a. watches
    b. looks at
    c. follows

14. When she comes home from school, she ______ her homework.
    a. has
    b. gives
    c. does

15. Lily ______ to work every day.
    a. drives
    b. walks
    c. runs
2) Read, then complete the blanks with the numbers of actions below, guiding yourself by the pictures.

<table>
<thead>
<tr>
<th>study</th>
<th>go to bed</th>
<th>brush my teeth</th>
<th>play computer games</th>
<th>have breakfast</th>
</tr>
</thead>
<tbody>
<tr>
<td>have lunch</td>
<td>do my homework</td>
<td>go out</td>
<td>get to school</td>
<td>make my bed</td>
</tr>
<tr>
<td>listen to music</td>
<td>have dinner</td>
<td>take a bath</td>
<td></td>
<td>watch TV</td>
</tr>
<tr>
<td>get up</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

First I ______ at seven o'clock, then I ______ tidy the room and go to the bathroom to ______ and wash my face. At a quarter past seven I ______ and then I get ready for school. At a quarter to eight I get on the bus and ______ where I ______ very hard. I have five or six classes of 40 minutes. When I finish school at one o'clock I go home and relax. I ______ at around two o'clock and I ______. After lunch I ______ and then I ______ for about two hours. At five o'clock I start to ______. When I finish my homework, I ______ or I ______ with my friends. At eight o'clock I ______ with my family. At nine o'clock I usually ______. At half past eleven I ______. This is my daily routine.
3) Match the words with the pictures by inserting the correct number into the circle, then write sentences.

- 7.00
- 7.10
- 7.20
- 7.35
- 8.00
- 8.00
- 5.10
- 5.10
- 7.15
- 6.15
- 6.15
- 7.00
- 8.40
- 8.40
- 3.00
- 3.00
- 10.25
- 10.25
- 13.00
- 13.00
- 14.00
- 14.00

- 1. go home
- 2. have lunch
- 3. have breakfast
- 4. have dinner
- 5. take a bath
- 6. wake up
- 7. wash
- 8. watch TV
- 9. go to bed
- 10. go to school
- 11. start school
- 12. do homework
- 13. get dressed
- 14. play soccer
4) Answer these questions.

<table>
<thead>
<tr>
<th>Questions</th>
<th>on Monday</th>
<th>on Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. What time do you usually get up?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. What time do you usually brush your teeth?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. What time do you usually have breakfast?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. What time do you usually go to school?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. What time do you usually have lunch?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. What time do you usually do your homework?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. What time do you usually go to bed?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
5) Complete the sentences with present simple ...

**positive**

- Steve ......................... at half past six every morning. (get up)
- My parents ......................... to work by car at twenty to eight. (drive)
- She ......................... breakfast at seven o’clock. (have)
- I ......................... swimming every Tuesday at half past five. (go)
- Sam’s sister ......................... her homework at a quarter to six p.m. (do)

**negative**

- You ......................... tennis at seven o’clock in the evening. (not play)
- Hugo ......................... milk at midday. (not drink)
- Susan and Kate ......................... their homework at four o’clock in the afternoon. (not do)
- Peter’s dad ......................... TV at ten o’clock in the morning. (not watch)
- We ......................... our parents in the kitchen every evening. (not help)

**interrogative**

- What time ......................... Tony read a book?  
- .........................  ......................... do they study History?  
- What ......................... ......................... he go to school?  
- What time does ......................... wake up?  
- What time ......................... you have lunch?

6) Answer the questions. Use short answers.

- Does your father get up at nine o’clock in the morning? .........................
- Do you do your homework every week? .........................
- Does your grandfather watch TV at three o’clock in the afternoon? .........................
- Do you have a shower at midday? .........................
- Does your brother go to bed at a quarter to ten? .........................